

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2021

						Happy International Day of Old Persons 1 9:30 Exercise (G) 10:45 Exercise (N) 1:30 Bingo (N) 2:45 Giant Crossword (G)	Happy Birthday Heather! 2 Independent Puzzles, Games, and Movies are Available
11:00 Televised Catholic Mass (Channel 15) Independent Puzzles, Games, and Movies are Available	3 9:30 Exercise: Weight/Band Seated Strengthening (G) 10:45 Exercise (N) 1:00 Aromatherapy and Manicures (G)	4 9:30 Morning Manicures (N) 1:00 Aromatherapy and Manicures (N) 4:00 Afternoon Stroll	5 9:30 Morning Manicures (N) 1:00 Aromatherapy and Manicures (N) 4:00 Afternoon Stroll	6 Happy Birthday Marilyn D! 9:30 Exercise (G) 10:45 Exercise (N) 1:30 Decorate Pumpkins (N) 3:00 Bingo (G)	7 9:45 Outing: Library (G) 1:45 Van Ride: Foliage Ride Around Upper Pleasant Valley Rd (N) 4:00 Afternoon Stroll	8 Happy Birthday Bernie! 9:30 Exercise: Weight/Band Seated Strengthening (G) 10:45 Exercise (N) 1:30 Bingo (N) 2:45 Giant Crossword (G)	9 Independent Puzzles, Games, and Movies are Available
11:00 Televised Catholic Mass (Channel 15) Independent Puzzles, Games, and Movies are Available	10 9:30 Exercise (G) 10:45 Exercise (N) 1:15 Creepy-Crawly Door Décor (N) 3:00 Bingo (G) <small>Columbus Day (US) Indigenous Peoples' Day Thanksgiving (Canada)</small>	11 9:30 Decorate Pumpkins (G) 10:45 Giant Crossword (N) 1:30 Balloon Tennis (N) 3:00 Decorate Halloween Cookies (G)	12 9:30 Decorate Pumpkins (G) 10:45 Giant Crossword (N) 1:30 Balloon Tennis (N) 3:00 Decorate Halloween Cookies (G)	13 9:30 Exercise (G) 10:45 Exercise (N) 1:15 Decorate Halloween Cookies (N) 3:00 DIY Halloween Resin Craft (G)	14 9:45 Van Ride: Foliage Ride (G) 10:00 Communion (N) 10:30 Communion (G) 1:45 Outing: Echo Museum (N)	15 Happy Global Handwashing Day Happy Birthday Anne P.! 9:30 Exercise (G) 10:45 Exercise (N) 1:30 Bingo (N) 2:45 Giant Crossword (G)	16 9:45 Van Ride: Saint Albans (N) 1:45 Van Ride: Georgia Back Roads (G) 4:00 Afternoon Stroll
11:00 Televised Catholic Mass (Channel 15) Independent Puzzles, Games, and Movies are Available	17 Happy Health Care Aide Day Happy Birthday Sue Q.! Independent Puzzles, Games, and Movies are Available	18 9:30 Morning Manicures (N) 1:00 Aromatherapy and Manicures (N) 4:00 Afternoon Stroll	19 9:30 Morning Manicures (N) 1:00 Aromatherapy and Manicures (N) 4:00 Afternoon Stroll	20 9:30 Exercise: Weight/Band Seated Strengthening (G) 10:45 Exercise (N) 1:00 Aromatherapy and Manicures (G)	21 9:45 Van Ride: Georgia Back Roads (N) 1:45 Outing: Echo Museum (G) 4:00 Afternoon Stroll	22 9:30 Exercise: Weight/Band Seated Strengthening (G) 10:45 Exercise (N) 1:30 Bingo (N) 2:45 Giant Crossword (G)	23 Independent Puzzles, Games, and Movies are Available
11:00 Televised Catholic Mass (Channel 15) Independent Puzzles, Games, and Movies are Available	24 9:30 Exercise (G) 10:45 Exercise (N) 1:30 DIY Halloween Resin Craft (N) 3:00 Bingo (G)	25 Happy National Day of the Deployed "Thank you!" 9:45 Balloon Tennis (G) 10:45 Hangman Puzzle (N) 1:15 Creepy-Crawly Door Décor (G) 3:00 Bingo (N)	26 9:30 Exercise (G) 10:45 Exercise (N) 1:30 Bake Cookies for Our First Responders (G) 3:00 Bake Goodies: For First Responders (N)	27 9:30 Exercise (G) 10:45 Exercise (N) 1:30 Bake Cookies for Our First Responders (G) 3:00 Bake Goodies: For First Responders (N)	28 Happy National First Responders Day 9:45 Ride: Drop Off Goodies to First Responders (G) 10:00 Communion (N) 10:30 Communion (G) 1:45 Drop off Goodies (N)	29 10:00 Boo Bash: Spooky Snacks and Fang-tastic Fun (G) 2:00 Boo Bash: Spooky Snacks and Fang-tastic Fun (N)	30 Happy Birthday Jan! 9:45 Van Ride: Around Town to See All the Halloween Décor (N) 1:30 Van Ride: Saint Albans (G)

Happy Birthday Shirley! 31



