


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Peanut Butter Lover's Day 1 11:15 Children from the Community Lutheran Church Come to Visit, Sing, and Play (N) Independent Puzzles, Games, and Movies are Available	2 9:15 Exercise: Weight/Band Seated Strengthening (G) 10:30 Exercise: Seated Strengthening (N) 1:30 Music with Mary's Mystic Party Band (N) 2:30 Mark Lavoie on the Harmonica (G)	3 9:15 Communion (N) 10:00 One Man Band, Mark Harding (N) 10:30 Flower Arranging (G) 3:00 Bingo (G)	4 9:15 Exercise: Weight/Band Seated Strengthening (G) 10:30 Exercise: Weight/Band Seated Strengthening (N) 1:30 Cribbage with Shannon (N) 3:00 Matinee Movie (G)	5 10:00 Catholic Mass (G) 10:30 Morning Trivia (N) 12:00 (Outing) Lunch at the Windjammer (G/N)	6 9:15 Exercise: Weight/Band Seated Strengthening (G) 10:30 Exercise: Weight/Band Seated Strengthening (N) 3:00 Bingo (N)	7 Independent Puzzles, Games, and Movies are Available
Daylight Savings, Spring Clocks Forward! 8 11:00 Televised Catholic Mass (Channel 15) Independent Puzzles, Games, and Movies are Available <small>Daylight Saving Time Begins</small>	9 9:15 Exercise: Weight/Band Seated Strengthening (G) 10:30 Exercise: Weight/Band Seated Strengthening (N) 1:30 Smell Spring Time and Make Herb Sachets (G) 3:00 Make Herb Sachets (N) <small>Purim Begins</small>	10 10:00 Tai Chi (N) 10:30 Morning Manicures With Shannon (G) 1:00 Afternoon Manicure With Shannon (N) 3:00 Bingo (G)	11 9:15 Exercise: Weight/Band Seated Strengthening (G) 10:30 Exercise: Weight/Band Seated Strengthening (N) 1:30 Decorate Picture Frames (G) 3:00 Pictionary Fun (N)	12 10:00 Create Leprechaun Terra Cotta Pot Hats (N) 11:00 (Outing) Age Well is Hosting a Mardi Gras Luncheon at the Sunset Ballroom – Per Ordered Tickets, \$5 Donation (G/N)	13 9:15 Exercise: Weight/Band Seated Strengthening (G) 10:30 Exercise: Weight/Band Seated Strengthening (N) 1:00 Create Leprechaun Terra Cotta Pot Hats (G) 3:00 Bingo (N)	14 Independent Puzzles, Games, and Movies are Available
National Everything You Think is Wrong Day 15 11:00 Televised Catholic Mass (Channel 15) Independent Puzzles, Games, and Movies are Available	16 9:15 Exercise: Weight/Band Seated Strengthening (G) 10:30 Exercise: Weight/Band Seated Strengthening (N) 1:00 Paint Hand Towels with Shamrocks (G) 3:00 Paint Hand Towels (N)	17 9:15 Music Therapy with Ellie (G) 10:15 Music with Ellie (N) 1:30 Birds of Vermont Presentation (G) 3:00 "Lucky Shamrock Gathering"-Rainbow Snacks, Treats, and Bingo! (G) <small>St. Patrick's Day</small>	18 9:15 Exercise: Weight/Band Seated Strengthening (G) 10:30 Exercise: Weight/Band Seated Strengthening (N) 2:00 Cooie Sings (G) 2:30 Soap Making (N)	19 9:30 Morning Movie (N) 10:30 Let's Play Sequence (G) 1:00 (Outing) VT National Guard Museum (G/N) <small>Spring Begins</small>	20 9:15 Exercise: Weight/Band Seated Strengthening (G) 10:30 Exercise: Weight/Band Seated Strengthening (N) 1:00 Brain Teaser Trivia (G) 3:00 Bingo (N)	21 9:00 Succulent Saturday, Let's Use Our Green Thumbs to Fill Pots for Succulents (G) 10:30 Succulent Saturday (N) 1:30 (Outing) Scenic Drive to the Islands (G/N)
National Goof-off Day 22 11:00 Televised Catholic Mass (Channel 15) Independent Puzzles, Games, and Movies are Available	23 Independent Puzzles, Games, and Movies are Available 3:00 Jam Along with Corey Gottfried (G) (I'm off this day)	24 9:15 Exercise: Weight/Band Seated Strengthening (G) 10:00 Tai Chi (N) 1:00 Brain Teaser Trivia (N) 3:00 Bingo (G)	25 9:15 Exercise: Weight/Band Seated Strengthening (G) 10:30 Exercise: Weight/Band Seated Strengthening (N) 1:00 Paint Terra Cotta Pots for Spring Flowers (G) 3:00 Paint Terra Cotta Pots (N)	26 9:15 Let's Celebrate Spring By Potting our own Flowers (G) 10:30 Let's Celebrate Spring By Potting our own Flowers (N) 2:00 (Outing) Hannaford Shopping Trip (G/N)	27 9:15 Exercise: Weight/Band Seated Strengthening (G) 10:30 Exercise: Weight/Band Seated Strengthening (N) 2:30 Soap Making (G) 3:00 Bingo (N)	28 <i>Community Service</i> 9:15 Bake Cookies for the Local Fire Department (G) 10:30 Bake Cookies (N) 2:00 (Outing) Deliver Homemade Cookies and Get a Tour of the Fire House and Trucks! (G/N)
National Lemon Chiffon Cake Day 29 11:00 Televised Catholic Mass (Channel 15) Independent Puzzles, Games, and Movies are Available	30 Independent Puzzles, Games, and Movies are Available 5:00 Fine Dining with Harpist, Judi Byron (N) (I'm off this day)	31 10:00 Tai Chi (G) 10:30 Exercise: Weight/Band Seated Strengthening (N) 1:00 Decorate Picture Frames (N) 3:00 Bingo (G)	 <h1 style="color: orange;">March 2020</h1>			