

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2022



<p>11:00 Televised Catholic Mass (Channel 15)</p> <p>Independent Puzzles, Games, and Movies are Available</p>	<p><b>Happy Birthday Carl!</b></p> <p>Independent Puzzles, Games, and Movies are Available</p>	<p>9:30 DIY Winter Gnomes (G)</p> <p>10:00 Communion (G)</p> <p>10:45 Balloon Tennis (N)</p> <p>1:30 Crossword Puzzle (N)</p> <p>3:00 Infused Wooden Bead Ornaments (G)</p>	<p>9:30 Exercise: Weight/Band Seated Strengthening (G)</p> <p>10:45 Exercise (N)</p> <p>1:15 DIY Winter Gnomes (N)</p> <p>3:00 Bingo (G)</p>	<p>9:45 Shopping at Big Lots (G)</p> <p>1:30 Van Ride: #1 Through the back roads of Westford (N)</p> <p>3:00 Van Ride: #2 (N)</p>	<p><b>Happy Birthday Pierette and Maida!</b></p> <p>9:30 Exercise (G)</p> <p>10:45 Exercise (N)</p> <p>1:30 Bingo (N)</p> <p>2:45 Giant Crossword Puzzle (G)</p>	<p>9:30 Van Ride: Around town (G)</p> <p>10:45 Van Ride: #1 Around town (N)</p> <p>1:00 Van Ride: #2 (N)</p> <p>3:00 New Year's Bingo Bash! (G)</p> <p><small>New Year's Day</small></p>
<p>11:00 Televised Catholic Mass (Channel 15)</p> <p>Independent Puzzles, Games, and Movies are Available</p>	<p>9:30 Exercise: Weight/Band Seated Strengthening (G)</p> <p>10:45 Exercise (N)</p> <p>1:30 Giant Crossword (N)</p> <p>3:00 Bingo (G)</p>	<p>9:30 Morning Manicures (N)</p> <p>10:00 Communion (N)</p> <p>10:30 Communion (G)</p> <p>1:00 Manicures (N)</p> <p>3:30 Table Top Games in Activity Room (G)</p>	<p>9:30 Exercise: Weight/Band Seated Strengthening (G)</p> <p>10:45 Exercise (N)</p> <p>1:00 Music and Manicures (G)</p>	<p>9:45 Van Ride: Resident's Choice! (G)</p> <p>1:30 Van Ride: #1 Shopping at Big Lots (N)</p> <p>3:00 Van Ride: #2 Resident's Choice! (N)</p>	<p>9:30 Exercise (G)</p> <p>10:45 Exercise (N)</p> <p>11:30 Martin Luther King Jr. Trivia (N)</p> <p>1:30 Bingo (N)</p> <p>2:45 Giant Crossword Puzzle (G)</p>	<p>9:45 Van Ride: Waterbury (G)</p> <p>1:30 Van Ride: #1 Through the back roads of Fairfax (N)</p> <p>3:00 Van Ride: #2 (N)</p>
<p>11:00 Televised Catholic Mass (Channel 15)</p> <p>Independent Puzzles, Games, and Movies are Available</p>	<p>Independent Puzzles, Games, and Movies are Available</p> <p><small>Martin Luther King Jr. Day</small></p>	<p>9:30 DIY Hand Scrub (G)</p> <p>10:00 Communion (N)</p> <p>10:45 Infused Wooden Bead Ornaments (N)</p> <p>1:30 Bingo (G)</p> <p>3:00 Swedish Apple Pie (N)</p>	<p>9:30 Exercise: Weight/Band Seated Strengthening (G)</p> <p>10:45 Exercise (N)</p> <p>1:30 DIY Hand Scrub (N)</p> <p>3:00 Swedish Apple Pie (G)</p>	<p>9:45 Van Ride: Through the back roads of Westford (G)</p> <p>1:30 Van Ride: #1 Shopping at Hannaford (N)</p> <p>3:00 Van Ride: #2 (N)</p>	<p>9:30 Exercise: Weight/Band Seated Strengthening (G)</p> <p>10:45 Exercise (N)</p> <p>1:30 Bingo (N)</p> <p>2:45 Giant Crossword Puzzle (G)</p>	<p>Independent Puzzles, Games, and Movies are Available</p>
<p>11:00 Televised Catholic Mass (Channel 15)</p> <p>Independent Puzzles, Games, and Movies are Available</p> <p><small>Activity Professionals Week</small></p>	<p>9:30 Exercise: Weight/Band Seated Strengthening (G)</p> <p>10:45 Exercise (N)</p> <p>1:30 Giant Crossword (N)</p> <p>3:00 Bingo (G)</p>	<p>9:30 Manicures (N)</p> <p>10:00 Communion (N)</p> <p>10:30 Communion (G)</p> <p>1:00 Music and Manicures (N)</p> <p>3:30 Table Top Games in Activity Room (G)</p>	<p><b>Happy Birthday Elmo!</b></p> <p>9:30 Exercise: Weight/Band Seated Strengthening (G)</p> <p>10:45 Exercise (N)</p> <p>1:00 Music and Manicures (G)</p> <p><small>Australia Day (observed)</small></p>	<p>9:45 Shopping at Hannaford (G)</p> <p>1:30 Van Ride: #1 Waterbury (N)</p> <p>3:00 Van Ride: #2 (N)</p>	<p><b>Happy Birthday Barbara!</b></p> <p>9:30 Exercise (G)</p> <p>10:45 Exercise (N)</p> <p>1:30 Bingo (N)</p> <p>2:45 Giant Crossword Puzzle (G)</p>	<p>Independent Puzzles, Games, and Movies are Available</p>
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